

Youth Empowerment Services (YES) Waiver Brief Summary of Services

Respite (up to 30 days / year)

Respite is furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care for the waiver participant. Respite may be provided in:

- Waiver participant 's home or place of residence;
- Private residence of a respite care provider, if that provider is a relative of the waiver participant; and
- Other approved facilities.

Community Living Supports (CLS)

CLS are provided to the waiver participant and family. CLS provide assistance to the family caregiver in the disability-related care of the waiver participant, while facilitating the waiver participant's independence and integration in to the community. The training in skills related to activities of daily living, such as personal hygiene, household chores, and socialization may be included, if these skills are affected by the waiver participant's disability. CLS may also promote communication, relationship-building skills, and integration into community activities. These supports may serve to reinforce skills or lessons taught in school, therapy, or other settings. Training may be provided to both the caregiver and the waiver participant, dependent upon the youth's age, on the nature of the emotional disorder, the role of medications, and self-administration of medications. Training can also be provided to the waiver participant's primary caregivers to assist the caregivers in coping with and managing the youth's emotional disturbance. This includes instruction on basic parenting skills and other forms of guidance.

Family Supports

Provides peer mentoring and support to the primary caregivers; engages the family in the treatment process; models self-advocacy skills; provides information, referral and non-clinical skills training; maintains engagement; and assists in the identification of natural / non-traditional and community support systems.

Transitional Services (\$2,500 per waiver participant)

A one-time non-recurring allowable expense when a waiver participant transitions to their own private community residence.

Assistance may include: utility and security deposits for the home/apartment, needed household items such as cooking utensils, essential furnishings, moving expenses, and services necessary to ensure health and safety in the apartment/home (e.g., pest eradication, allergen control, one-time cleaning).

Adaptive Aids & Supports

Services that address the waiver participant's needs that arise as a result of their SED. Services include:

- Therapeutic Peer Support— Provides fees to participate in specialized groups to improve socialization or deal with issues resulting from SED and/or concomitant physical health issues. For example, membership fees for peer support weight reduction groups recommended by a licensed nutritionist.
- Therapeutic equipment - items necessary to execute and /or maintain a therapeutic plan. May include equipment and supplies related to a professional services treatment plan. Examples could include devices or equipment needed for the child to achieve physical or occupational therapy goals.

Minor Home Modifications

Services related to addressing the waiver participant's needs that arise as a result of their severe emotional disturbance. These services include Home Accessibility / Safety Adaptations - Physical adaptations to the participant's residence, required by the participant's service plan, that are necessary to ensure the health, welfare and safety of the participant. May include alarm systems, alert systems, and other safety devices.

Non-Medical Transportation

Enables waiver participant to gain access to waiver and other community services, activities and resources, as specified by the service plan. Whenever possible, family, neighbors, friends, or community agencies which can provide this service without charge are utilized.

Paraprofessional Services

Services related to addressing the waiver participant's needs that arise as a result of their SED. These services contribute to the community functioning of waiver participants and thereby assist the participants to avoid institutionalization. Service includes:

- Skilled mentoring and coaching - For example, a teenager with severe behavior problems may require mentoring from an individual with behavioral management expertise.
- Paraprofessional Aide - The aide assists the child in preventing and managing behaviors stemming from SED that create barriers to inclusion in community activities such as after-school or day care.
- Job placement – assistance in finding employment.

Professional Services

The intent of these services is to maintain or improve health, welfare, and/or effective functioning in the community and to assist the waiver participant in meeting recovery goals.

These services include Art therapy, Music Therapy, Animal-Assisted Therapy, Recreational Therapy, and Licensed Nutritional Counseling.

Supportive Family Based Alternatives (SFA) (up to 90 days / year)

SFA is a service where the waiver participant temporarily resides with a Support Family (in a home other than the home of their family). The Support Family provides therapeutic support and models appropriate behaviors for the waiver participant's family with the objective of enabling the waiver participant to successfully return to their family and live in the community with their family. SFA involves a Child-Placing Agency that identifies a Support Family and coordinates with the waiver participant's family.