

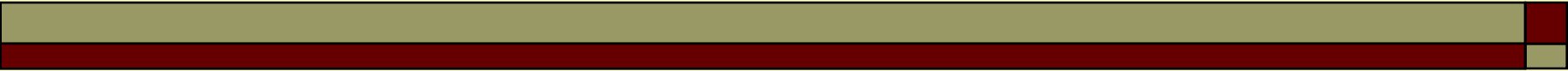
Systems of Care

Texas Children's Mental Health Forum

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Children & Youth

Texas Health and Human Services Commission



System of Care

A system of care is defined as a comprehensive spectrum of mental health and other necessary services which are organized into a coordinated network to meet the multiple and changing needs of children and adolescents with serious emotional disturbances and their families.



Cornerstones of a System of Care:

- **Family-Driven**
- **Youth-Guided**
- **Evidence-based / Clinical Excellence**
- **Cultural & Linguistic Competence**

Family Centered/ Family Driven

Family Centered/Family Driven simply means that families are at the center of all decision making processes at all levels from advisory boards to family teams.

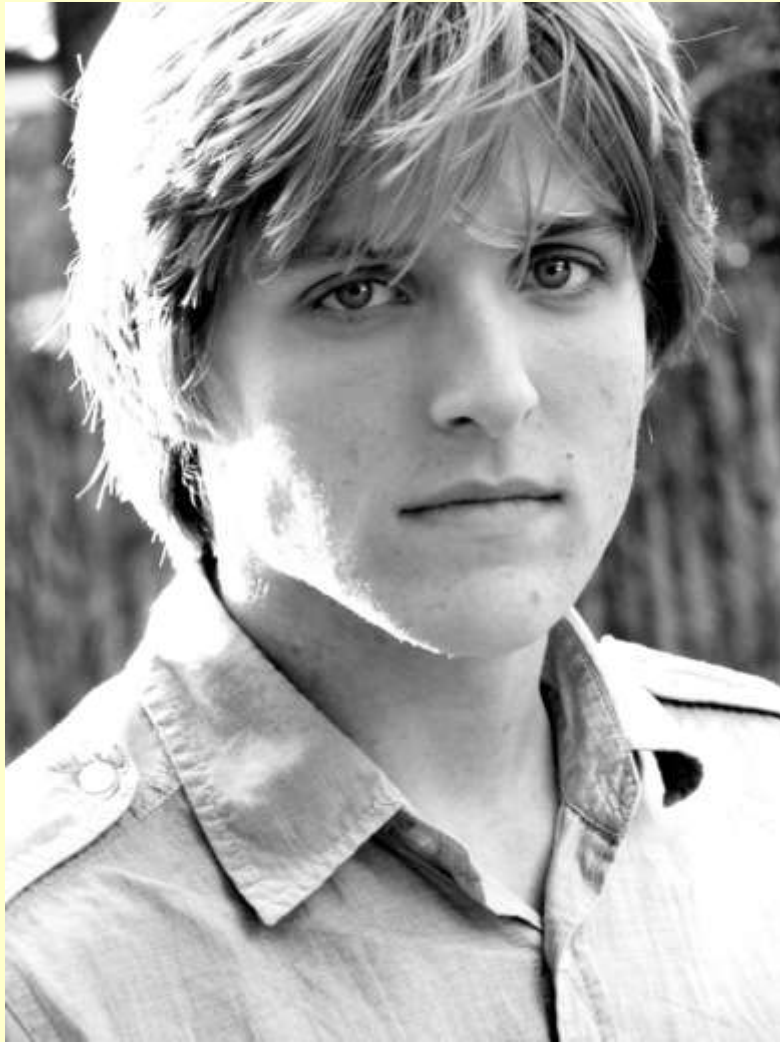




Family Partnerships

- Family voice & choice
Motto: “Not about us without us”
- Families actively involved in policy, planning, implementation, and evaluation
- Child & Family “Team” Composition
- Service delivery using wraparound (strengths-based approach, traditional & non-traditional services, best practices, unconditional care)

Youth-Guided



Youth are our true experts and primary consumers of systems of care services.

We respect their voice, and youth are equal partners in creating system change at the individual, state, and national level.

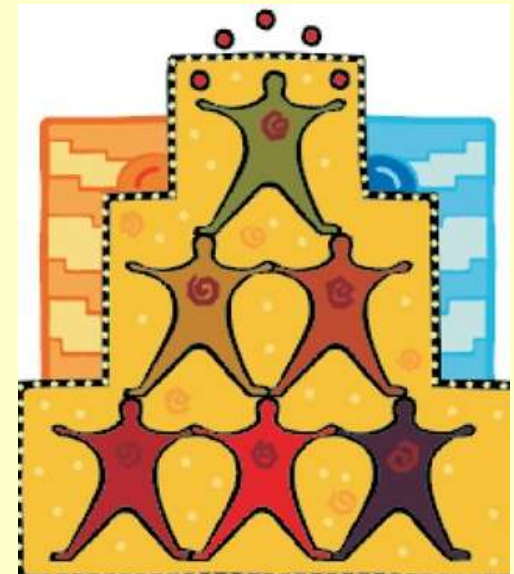
Evidence-Based/Clinical Excellence



Evidence-Based Practices:
Practices that integrate the best research evidence with clinical expertise and patient values.

Cultural Competence

Cultural Competence means a knowledge & respect for the different cultures that we support. It does not mean we must all share the same cultural but that we recognize & respect cultural differences and provide support for families and youth that are reflective of their cultural needs.



Wraparound

Ten Principles of Wraparound

1. **Family Voice & Choice**
2. **Team Based**
3. **Natural Supports**
4. **Collaboration**
5. **Community-Based**
6. **Culturally Competent**
7. **Individualized**
8. **Strength-Based**
9. **Persistence**
10. **Outcome Based**

Community Based Supports

Community Based supports mean providing the supports a youth/family need close to or in the home rather than sending them to other communities to have their needs met.



Individualized Supports

Individualized Supports are those that are tailored to meet the needs of a specific youth or family rather than offering the same supports to everyone.





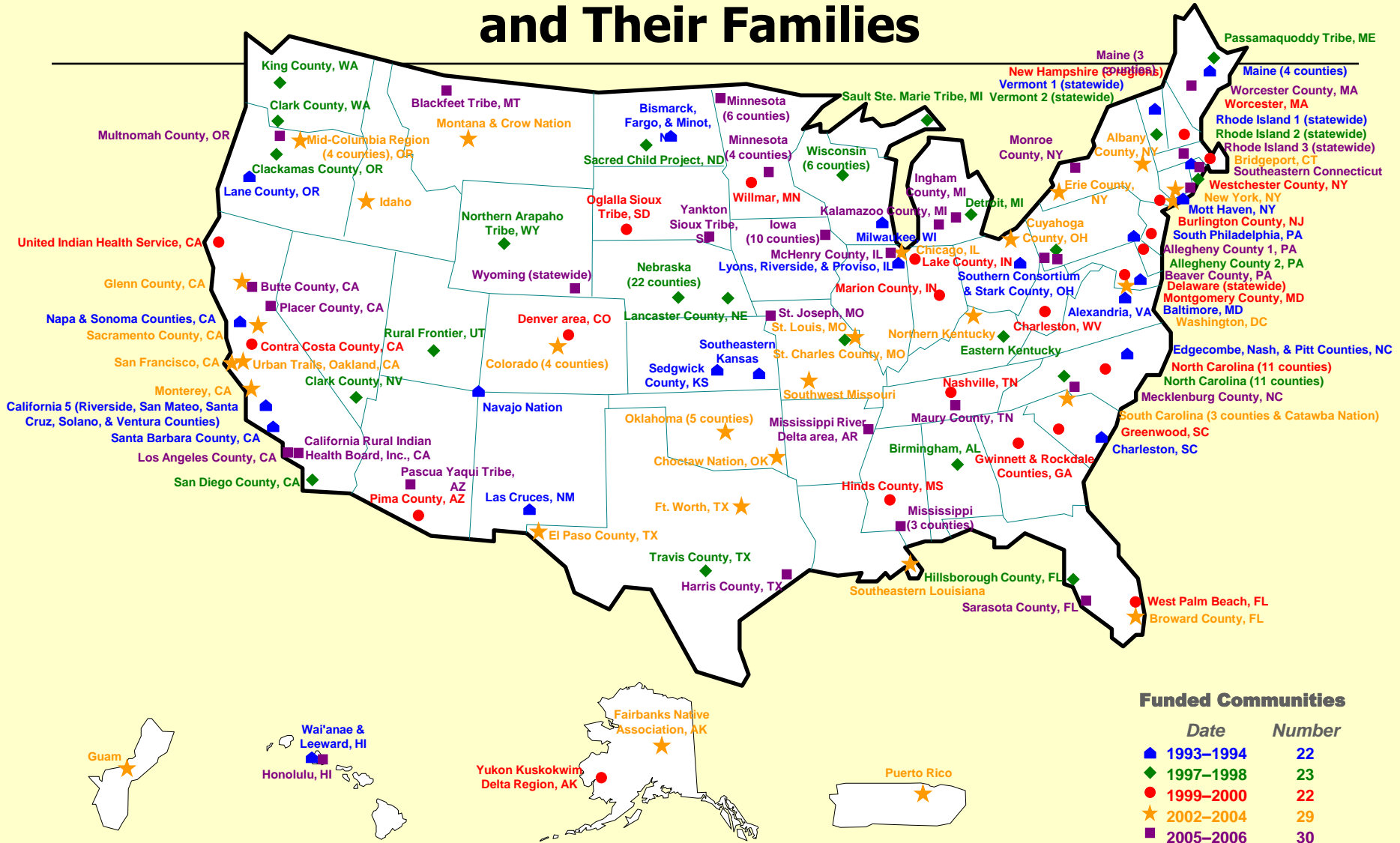
Strengths Based

Strengths based means that rather than focusing on the problems that a youth is experiencing, we focus on using the youth & families own strengths to address their needs.

Where in the World are System of Care & Wraparound Practices?



System of Care Communities of the Comprehensive Community Mental Health Services for Children and Their Families



Funded Communities

Date	Number
1993-1994	22
1997-1998	23
1999-2000	22
2002-2004	29
2005-2006	30



System of Care in Texas

Texas Has Earned Six (6) Federal
Cooperative Agreements!!

Travis County: 1998-2005



Community Solutions of Fort Worth: 2002-2008



COMMUNITY
SOLUTIONS

OF FORT WORTH

El Paso: 2002-2008



Harris County: 2005-2011



Tarrant County - Hand in Hand: 2008-2014



Palo Pinto, Parker, Hood,
Johnson & Tarrant Counties

Rural Children's Initiative: 2008-2014



Lamb, Floyd, Hale, Briscoe, Motley,
Dickens, Bailey, Palmer, Castro, Swisher,
and Crosby County



System of Care in Texas

- **Next Funding Cycle – More Texas Sites?!**



SAMHSA Funded Family Network

Texas Federation of Families for Children's
Mental Health



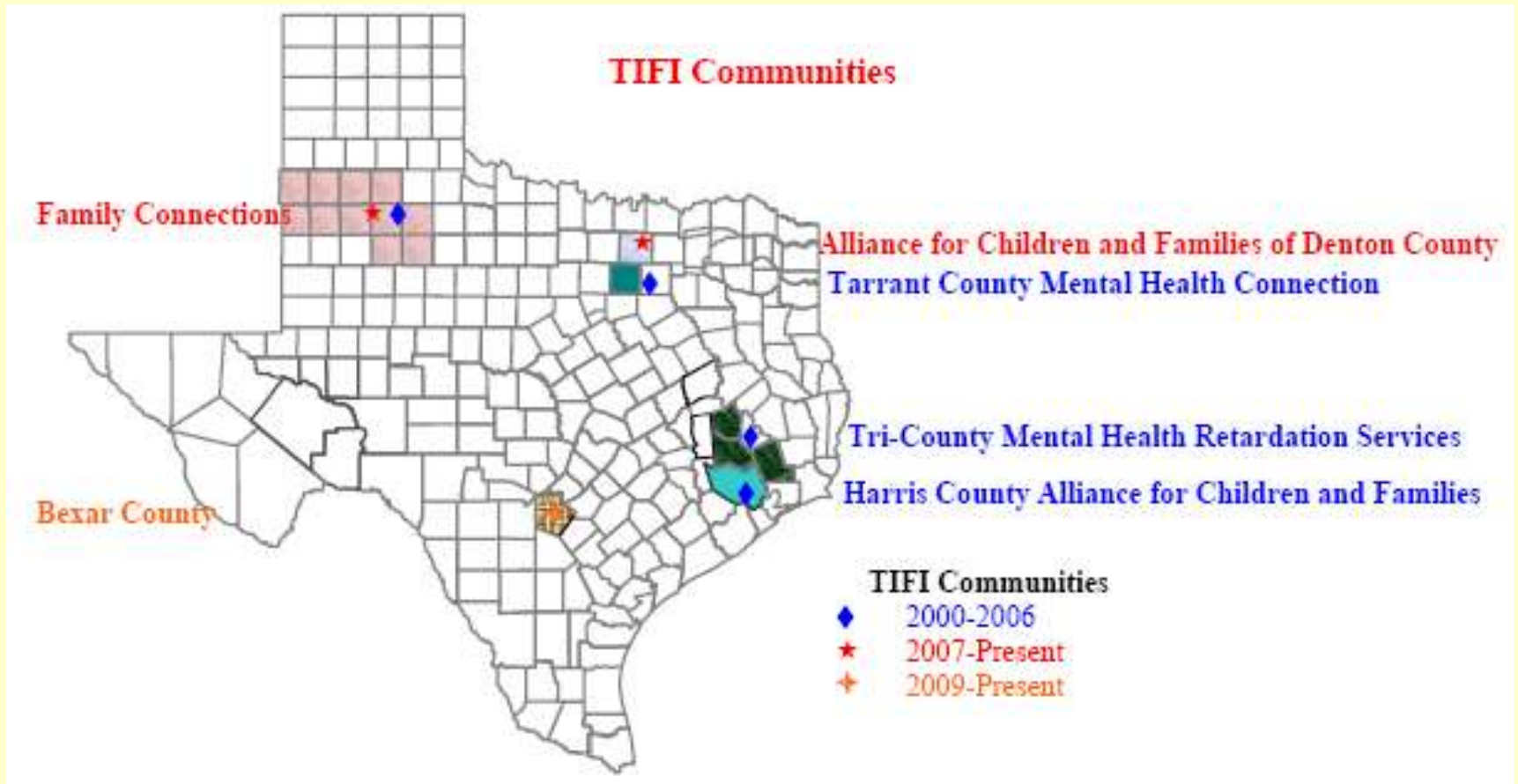
Doing Business Differently

- ❑ Parent & Youth Partnerships on all levels
- ❑ Child & Family Teams
- ❑ Interagency agreements to participate
- ❑ Flexible funding to plan for individualized needs
- ❑ Service delivery using evidenced-based wraparound
- ❑ Training, training, & more training

Texas Integrated Funding Initiative



TIFI Communities



Partnering in Texas ...

A Collaborative Partnership



Additional Resources

- Ten Principles of the Wraparound Process - <http://www.hhsc.state.tx.us/tifi/10PrinciplesofWraparound.pdf>
- Building Systems of Care: A Primer Building Systems of Care: A Primer - <http://gucchd.georgetown.edu/72377.html>
- Family-Driven Care – Are We There Yet? - http://cfs.fmhi.usf.edu/resources/publications/fam_driven_care.pdf

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 www.hhsc.state.tx.us/crcg/crcg.htm

 <http://www.hhsc.state.tx.us/tifi/index.htm>

 http://www.hhsc.state.tx.us/tifi/TIFI_SystemCare.html