

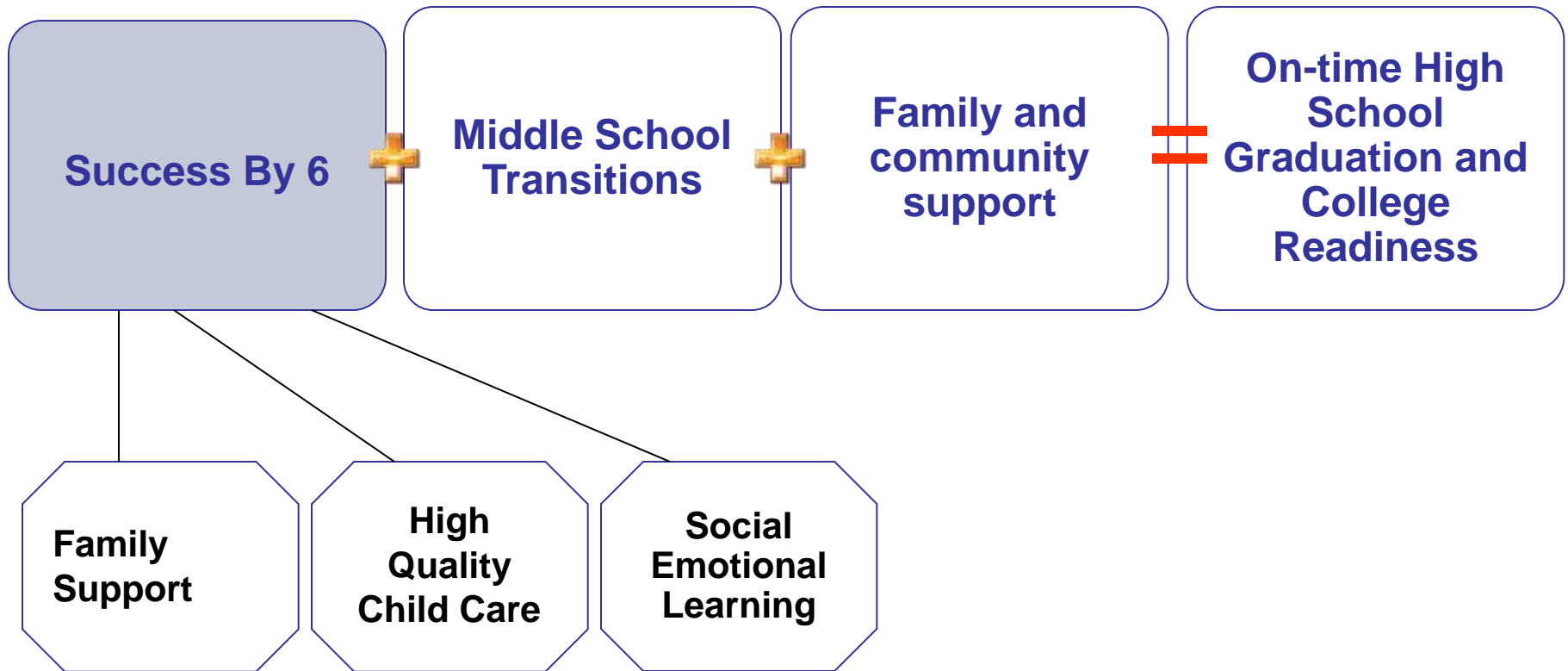
United Way Success By Six Social Emotional Learning Collaborative

Children's Mental Health Forum
Hogg Foundation for Mental Health
June 15, 2010



United Way Capital Area Education Plan

Children and youth are happy, healthy, and prepared for success in school and life



Desired Outcome

70% of children entering kindergarten in Central Texas are “school ready” by 2016
(aligned with E3 Alliance)



Interim Indicators/Targets

By 2016, 20% of low-income families with young children will have participated in research-based parenting education and support activities

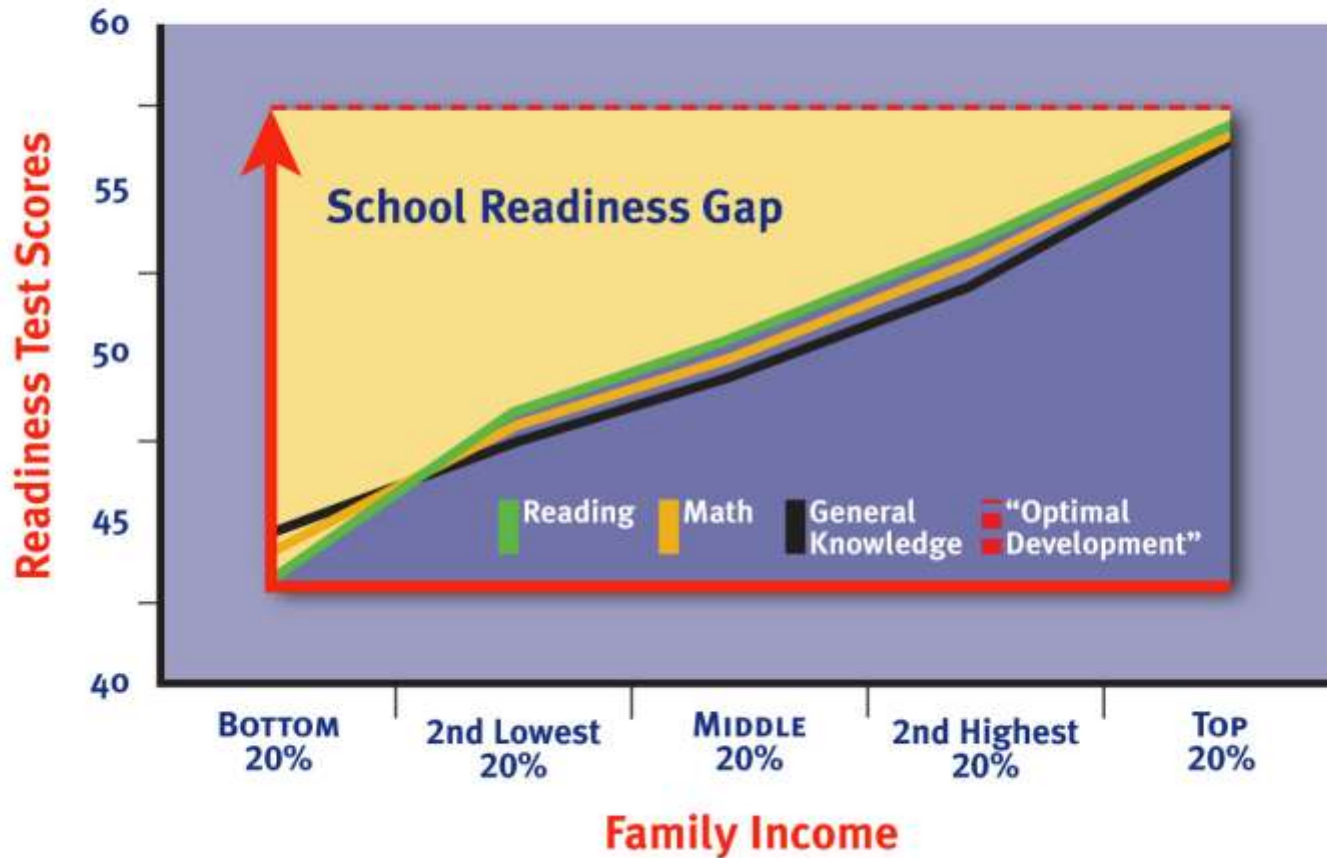
By 2016, 75% of early childhood care and education centers serving low-income children will be rated by Texas Rising Star or NAEYC

10% annual increase in the number of targeted early childhood care and education centers receiving mental health consultation services



The Achievement Gap at Kindergarten

Family income has a great deal to do with how well a child does on readiness tests when entering kindergarten. The school readiness gap is steepest for children from families with the lowest incomes and continues through middle income families, gradually decreasing as income rises.



Source: Preschool Policy Matters, April 2004, National Institute for Early Education Research.



Travis County Fast Facts

- Approximately 1500 low-income children ages 0-4 enrolled in regulated child care centers
- More than half of low-income children in subsidized care are living in households with a single parent
- Nearly 2% of kindergarten children have documented behavior referrals
- Nearly 1% of children were suspended at least once in kindergarten



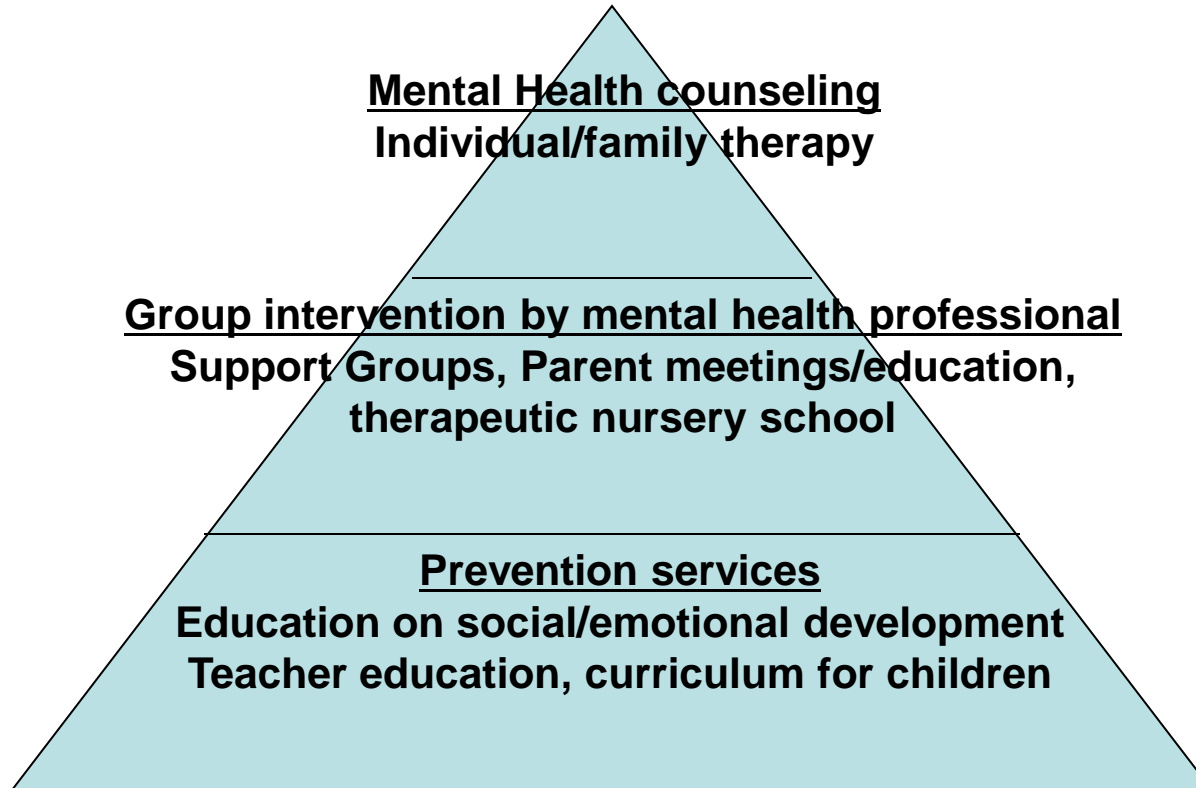
What *is* social- emotional learning?

When children know how to:

- **Experience, regulate and express emotions**
- **Form close and secure interpersonal relationships**
- **Explore the environment and learn**



Intervention Choices



Mental Health Consultation for Child Care Centers

United Way funded Collaboration

- Raising Austin
- YWCA
- Austin Child Guidance Center

Other community resources/partners

- Child Inc.
- Relief Nursery



Austin Child Guidance Center

- **Classroom observation**
- **Child assessments**
- **Individual, family, and group interventions with staff, parents and children.**
- **Staff and parent workshops**
- **Consultation and referral**



Raising Austin

Research-based training of preschool teachers focused on:

- **practical classroom management strategies**
- **promotion of pro-social behavior**
- **reduction in classroom aggression**
- **increase in cooperation with peers and teachers.**



YWCA of Greater Austin

- **Teacher Support Groups with licensed mental health professional during children's nap time. Topics include teaching child development concepts, teacher-child relationships, stress management and self-care**
- **Individual counseling for child care staff and parents**



Outcomes :

- **Participating teachers and parents develop knowledge, skills and behaviors that support children's optimal social and emotional development.**
- **Children and adults in need receive support services for social-emotional concerns.**

